



Craft: DIY Egg Shaker

Supplies

Plastic egg, rice, washi tape, 2 spoons

Steps

1. Pour rice into the egg and close the egg.
*Experiment with different amounts of rice, talking to your child about the varying tone that different amounts make.
2. Put the closed egg between two spoons and tape the egg and spoons together, covering any small holes on the egg.

Educational Play Benefits

Fine motor, sensory stimulation

TALK about the textures of the craft including the sticky tape, the smooth egg, and the grainy rice.

SING and shake along with “Let’s All Shake Our Shaker Eggs” by Miss Jamie, “Shake with You” by Mr. Eric, or “Milkshake Song” from the album *Songs for Wiggleworms*.

READ song books where you can shake along. Books with a beat are perfect for little wiggle worms who can’t sit still. Check out our Rhymes & Songs book section at the library.

WRITING skills begin with fine motor movements. Picking at a loosened piece of tape and placing it on the egg (or anywhere!) improves pincer grasp.

PLAY a game with your child by letting them shake the maraca, then hold out your hand and wait for the maraca to be given to you. Then imitate the way that they played with the maraca and give it back. This activity playfully practices taking turns and it improves your child’s self-esteem.



Rhyme: Shaking & Counting

- 1, 2, shake it on your shoe
- 3, 4, shake it on the floor
- 5, 6, stir and mix
- 7, 8, stand up straight
- 9, 10 shake it again

The books in your August box are due back on September 15

Library

• Vernon Area Public