



## Craft: Outdoor Sticky Mural

### Supplies

Contact paper, cardboard sheet, washi tape

### Steps

1. With the paper side facing up, take the sheet of contact paper and wrap it around the cardboard backing.
2. Flip the cardboard over and peel off a corner of the paper. Tape the sticky side to the cardboard. Do this for all four corners.
3. Peel the rest of the white paper from the sticky part. Reinforce with more tape.
4. This can also be used in your backyard by taping the contact paper to a door, the side of your house, or any flat surface.

**Educational Play Benefits:** Fine motor, exploration, sensory stimulation

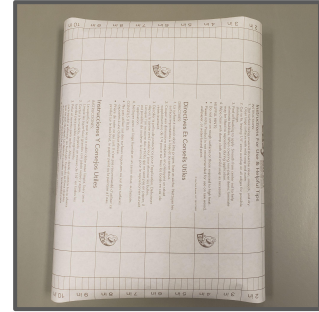
**TALK** about the colors and textures of items you find during your walk or in your yard. "This brown pinecone is bumpy and rough and this green leaf is smooth. They are different!"

**SING** songs to help with tough transitions. On the back of this paper is a song that can help your child get out the door.

**READ** signs as you go on your walk and point at the words and letters.

**WRITING** starts with a firm pincer grasp, a skill needed to hold a pencil. Encourage your child to pick up the items on the ground and place them on the mural/board.

**PLAY** with the natural world by observing your child as they engage in open-ended exploration using all five senses. They can look and listen to observe what is happening around them, touch what they can reach, smell the fresh scents of nature, and occasionally taste when given permission. This develops imagination, inquisitiveness, and patience.



Turn over for song →

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## **Song: “It Is Time to Go Outside”**

Tune: London Bridge

It is time to go outside, go outside, go outside

It is time to go outside: Let’s go out the door.

Grab your shoes and put them on, put them on, put them on

Grab your shoes and put them on: Let’s go out the door.

Put your arms in your coat, in your coat, in your coat

Put your arms in your coat: Let’s go out the door.

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